

# Keeping Kids In Mind

## A course for parents experiencing conflict after separation

Parents love their children and want the best for them. However, after separation, parenting often gets much tougher.

Keeping Kids in Mind is a five week course for separated parents who are experiencing ongoing conflict.

The course covers the following topics:

- Grief & Loss after Separation
- The Hidden World of Children
- Rebuilding Resilience
- Bridging the Gap
- Looking Back & Moving Forward

The course is designed to:

- Assist parents to see through their children's eyes the experience of parental separation.
- Develop greater understanding about how to support children following family separation.

*Keeping Kids in Mind is facilitated by qualified and experienced parent educators, counsellors and mediators.*

## 2017 Course Dates

Term	Term 2	Term 3	Term 4
09/01 Parramatta	27/04 Campbelltown*	18/07 Fairfield	10/10 Nowra*
02/02 Lewisham	28/04 Wollongong*	18/07 Wollongong*	12/10 Sydney City
07/02 Wollongong*	04/05 Sydney City	18/07 Campbelltown*	13/10 Wollongong*
07/02 Campbelltown*	09/05 Wollongong	19/07 Lewisham*	12/10 Campbelltown*
15/02 Brookvale	09/05 Campbelltown	07/08 Blacktown	18/10 Springwood*
21/02 Waitara	09/05 Naremburn	01/08 Waitara	23/10 Blacktown
21/02 Central Coast*	09/05 Central Coast	01/08 Central Coast*	24/10 Waitara
27/02 Blacktown	09/05 Waitara	02/08 Brookvale	24/10 Central Coast
28/02 Nowra	17/05 Penrith*	15/08 Nowra	25/10 Naremburn
02/03 Wollongong	30/05 Bankstown*	17/08 Wollongong	31/10 Wollongong
02/03 Campbelltown	30/05 Nowra*	17/08 Campbelltown	31/10 Campbelltown
07/03 Fairfield*			07/11 Bankstown*

All participants must register their interest in attending the course and participate in a pre-group interview prior to the course. Courses marked with an \* are day time courses, all others are evening courses. Course dates and times may be changed, please check with relevant venue for further information. Certificates of attendance will be issued.

# 1800 55 46 46

[www.keepingkidsinmind.org](http://www.keepingkidsinmind.org)